

BOOKS TO READ!

- Blueberries for Sal* by Robert McCloskey
- Dragons Love Tacos* by Adam Rubin
- Green Eggs and Ham* by Dr. Seuss
- If You Give a Mouse a Cookie* by Laura Numeroff
- Jamberry* by Bruce Degen
- Lemons Are Not Red* by Laura Vaccaro Seeger
- Little Pea* by Amy Krouse Rosenthal
- In the Night Kitchen* by Maurice Sendak
- Orange Pear Apple Bear* by Emily Gravett
- Stone Soup* by Marcia Brown
- Strega Nona* by Tomie dePaola
- The Watermelon Seed* by Greg Pizzoli
- We Had a Picnic This Sunday Past* by Jacqueline Woodson

South Carolina Spotlight: Kate Salley Palmer











Kate Salley Palmer was born in Orangeburg and graduated from USC. She was the first full-time editorial cartoonist in South Carolina, starting in 1978, winning many awards throughout her career. In 1984, she began writing and illustrating children's books, and in 1998, started Warbranch Press with her husband. Perhaps one of the most well-known is *Palmetto – Symbol of Courage* which tells the story of South Carolina's state tree. The third grade at Ashley Hall school in Charleston was so inspired by Kate's book that they wrote an original play, complete with music, based on the story of the little palmetto log fort on Sullivan's Island. Kate and her husband Jim, a retired Clemson University professor live near Clemson, SC. On being an author, Kate has said, "I became a writer because I started to read at a very young age."



June: Food



The Certified South Carolina program is a cooperative effort among producers, processors, wholesalers, retailers and the South Carolina Department of Agriculture (SCDA) to brand and promote South Carolina grown and produced products. Look for the Certified SC Grown logo where you shop, including local farmers markets to remember to buy local.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Make popsicles by putting juice into ice cube trays and placing a toothpick in each cube. Freeze and eat!</p>	<p>Talk about the Food Plate from January. Does your child remember the different foods that we should eat every day?</p> 	<p>Pick a letter and eat three foods with that letter. Talk about why they are good for you when you eat them.</p>	<p>Make a card for a father, friend's father, or grandfather today.</p> 	<p>Science Day! Add food coloring to cups of water and put in celery stalks. What do you think will happen? Check back tomorrow and see! Talk about how plants need water to grow.</p>	<p>Find a package of dried beans. Use them to practice counting. You can use them again later in the month.</p>	<p>Visit Your Library! Check out some of the great books about food listed above! If possible, get <i>If You Give a Mouse a Cookie</i>, <i>The Watermelon Seed</i>, <i>Jamberry</i> and <i>Little Pea</i>.</p> 
<p>Make up a story about what you think would happen if you gave a mouse a cookie. If you have a copy, read <i>If You Give a Mouse a Cookie</i>.</p>	<p>Use animal crackers to host an animal cracker circus!</p>	<p>Talk about Southern foods. Do you know how to make boiled peanuts, iced tea or grits? Try it together.</p>	<p>Read one of the books about food from the library. When you are done, have your child retell you the story.</p>	<p>Mother Goose Time! Change out muffin for other foods. Clap along. Oh, do you know the muffin man, The muffin man, the muffin man. Oh, do you know the muffin man, That lives on Drury Lane?</p> 	<p>When you go to the store, spend time pointing out the color of the foods and their names.</p> 	<p>Go outdoors and enjoy a picnic. Look at the shapes of your food. How many square items do you have, how many circle items?</p>
<p>Talk about yesterday's picnic. Describe some of the foods you ate. What different colors did you eat and what shapes?</p>	<p>Name as many fruits and vegetables as you can and talk about what color they are.</p> 	<p>Cows are wonderful! Enjoy a glass of milk and draw a picture of a cow family.</p>	<p>Go outside and make mud pies. Count them forwards and backwards but don't eat them!</p>	<p>Eat an apple or watermelon and count the seeds. If you have a copy, read <i>The Watermelon Seed</i>.</p> 	<p>Science Day! Show your child how to tell the temperature outside by reading a thermometer. Talk about hot and cold and why some foods need to stay cold.</p>	<p>Try and visit a local farm or farmer's market today to see what foods are growing locally. Have you eaten any of them before?</p>
<p>Bake something together! If you can't bake, pretend! Practice measuring ingredients.</p> 	<p>Make a food alphabet book. Fold over paper, and either draw or cut out pictures of food items.</p>	<p>How many different types of berries can you think of? How many have you eaten before? If you have a copy, read <i>Jamberry</i>.</p>	<p>Science Day! Talk about taste buds. Find items around your house that taste different, such as salty, sweet, and sour. What is your favorite?</p>	<p>Play with your peas! How many peas fit on a spoon? Put them on, count, then eat them! Yum! If you have a copy, read <i>Little Pea</i>.</p>	<p>Song Day! On top of spaghetti all covered with cheese. I lost my poor meatball When somebody sneezed. It rolled off the table, and onto the floor. And then my poor meatball, rolled out of the door.</p>	<p>Spend some time making a meal together. Talk about what kinds of food you are making and let your child help.</p>
<p>Eat a rainbow! Try to eat something red, orange, yellow, green, and blue today!</p>	<p>Go outside and march around to <i>The Farmer in the Dell</i>. Make up the rest of the lyrics. The farmer in the dell The farmer in the dell Hi-ho, the derry-o The farmer in the dell.</p>	<p>Find a can or box in the house and use it to practice reviewing the alphabet.</p> 	<p>Make a paper plate pizza. Use a paper plate as the pizza and you can draw or cut out shapes to "make" the toppings.</p>	<p>Make music with water! Fill glasses with different amounts of water. Take a fork or spoon and tap the glass. Listen to the different sounds each glass makes!</p>	<p>Play with your food! You can make apple smiles by cutting apple quarters into halves, or try making ants on a log.</p> 	<p>Mother Goose Time! Mr. East gave a feast; Mr. North laid the cloth; Mr. West did his best; Mr. South burned his mouth, Eating a cold potato.</p>